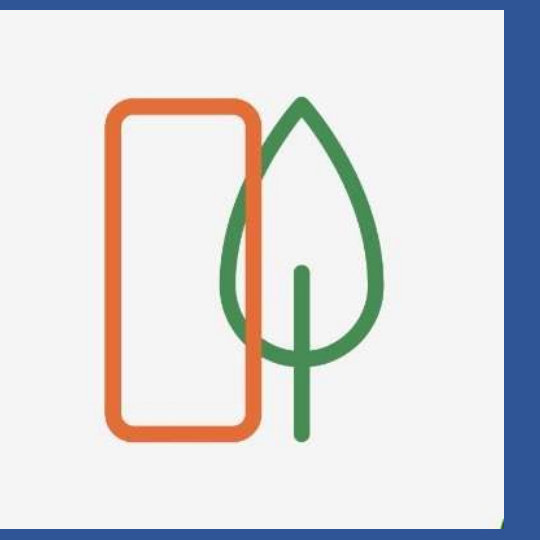




Urban walking tours as a tool to Connect Communities and green our cities

Duncan Crowley, ISCTE, Lisbon, Portugal
ECOCITY world summit 2023: 6-8 June 2023, Barbican Centre, London



Posters (A4)

Dia Global do Decrescimento
Uma Vida Boa para Todos!

Caminhada Pelo Decrescimento
Com picnic e convívio

Lisboa
09:00 Jardim Calouste Gulbenkian
10:00 Campolide - Bela Flor
12:30 Monsanto - Parque da Pedra

JUN 1

Parque Florestal de Monsanto
Jardim da Gulbenkian
Bela Flor Respiça

A Rede para o Decrescimento junta-se à celebração internacional do Dia Global do Decrescimento (1 de Junho) com o convite a uma caminhada por diferentes zonas urbanas, predominantemente da freguesia de Campolide, atravessando o vale de Alcântara junto ao Aquecedor, a que se seguirá um convívio e picnic no Parque Florestal de Monsanto.

Teremos oportunidade de conhecer um projecto de agrofloresta no Bairro da Bela Flor e de conversar sobre os fundamentos e propostas dos movimentos decrescentistas e sobre qual a sua relevância para a sustentabilidade e o bem-estar nos meios urbanos. Pretendemos com esta proposta promover as práticas decrescentistas do conhecimento do território, da demora, da convivialidade e da frugalidade.

Evento: tinyurl.com/yyp6cl26 Mais info: fb.com/decrecer & fb.com/ecocitylisboa & Bela Flor Respiça

Degrowth (June 2019)

#EDSC19 SUSTAINABLE COMMUNITIES

Lisbon Ecocity Tour

Lisbon as an Ecocity. A walk and talk to examine Lisbon city, current projects, hidden gems, current green spaces, including a picnic and climate assembly in the city's green heart Gulbenkian Park and finishing up by joining a gardening evening in the city's Permaculture based Community Garden in Lisbon University.

SOMOS A NATUREZA SE DEFENDENDO A SI MESMA

Wednesday 18th September
10h - Cais do Sodré
12h - Gulbenkian
16h - Horta FCUL

ecocity.wordpress.com

EUROPEAN DAY OF SUSTAINABLE COMMUNITIES

Ecocity Lisboa (Sep 2019)

Creating a Sustainable & Just Lisbon

urbanA

STOP DESPEJOS RESIDENCIAS LARGO HABITA

Jardim Municipal

UrbanA (Nov 2019)

Rede Rotas Vivas Living Routes Network

Rede Rotas Vivas

From the mountains to the sea I am the river and the river is me

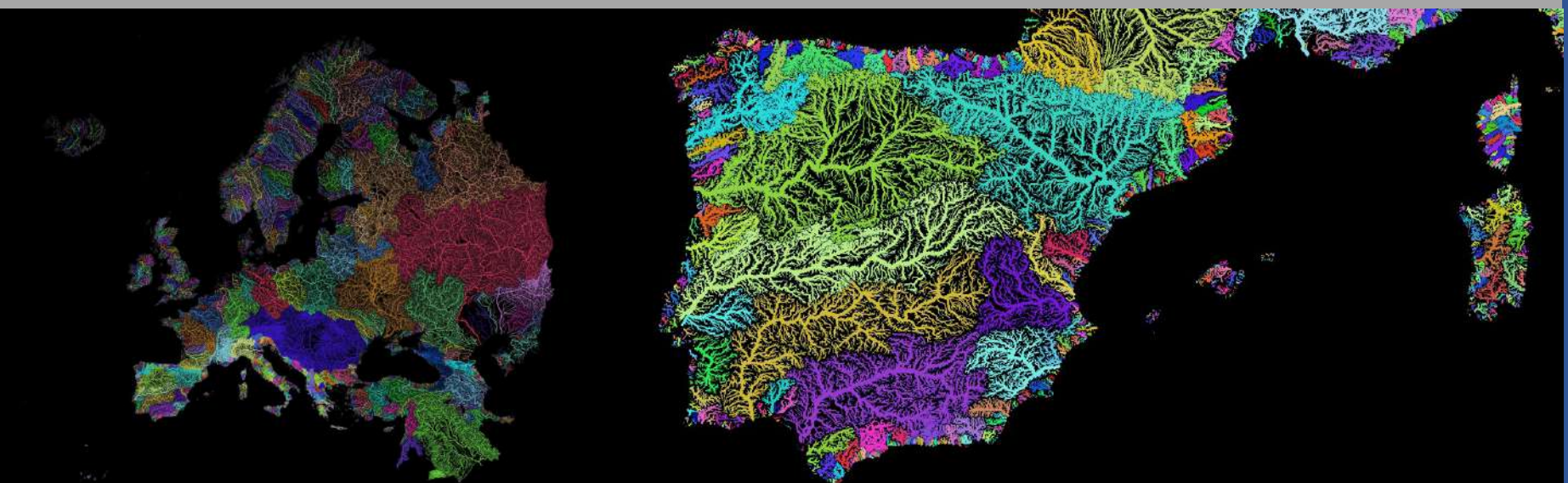
1 hr 17 min

Business and Eton

Rede Rotas Viva (Sep 2022)

Methodology

Seeking to connect communities to enable community-led regenerative transformation of local territories by the people that live there, this Lisbon based action research in recent years developed a particular methodology based around local walking tours. Working with a number of both formal and informal communities and projects (Ecocity Lisbon, UrbanA, Degrowth Portugal, Umundu, We Are Nature, European Day for Sustainable Communities, Rede Rotas Vivas, World Rivers Day), the walks were open public free events that focused on different local areas in the wider metropolitan area of Lisbon.



Rede Rotas Vivas, World Rivers Day 2022

Objectives

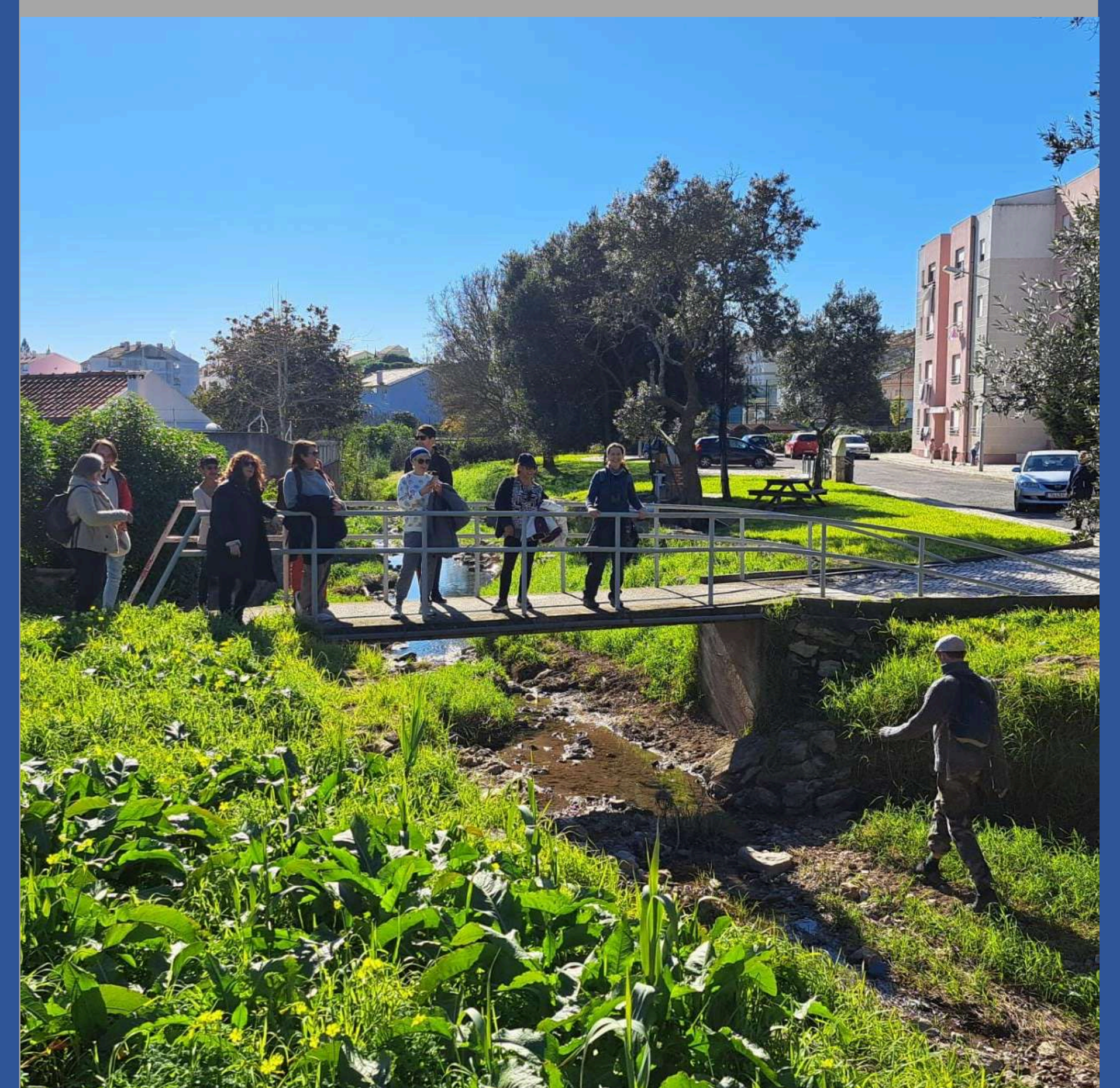
The initial aim was to stitch together different parts of the city and communities active therein. Secondary objectives included; create an interesting and appealing social event to connect different communities (local, academic, activist, friends, new migrants); deep investigation of different territories to find out what groups are active on the ground; invite different actors to co-create a walking tour where a new audience will be brought to their project or social struggle and they get to tell their own story; provoke a dynamic through the event that seeks interaction with residents on the day, to gain insights in histories, local struggles, or hopes for an improved future; map local citizen initiatives and add them to the online Ibero-American network mapping community CIVICS.CC.



UrbanA tour of Mouraria, Lisbon, 2019

Outcomes

Some tours had an experimental aspect, knowing that areas might be blocked, and therefore dangerous, but on these occasions participants were warned of the risks. For other tours, a strong nature component existed, following urban rivers, or streams (some now hidden in underground channels), to invite a group visioning of what a more regenerative territory might look like. In some cases involving the academic UrbanA project, the walk was finished with a group talk, where representatives from different projects were invited to explore dynamics of what a just and sustainable city might look like. In recent months, Cascais council awarded a small "Reinvent your neighborhood" funding grant to the "Rede Rotas Vivas" (Network of living routes) project to develop this methodology, focusing on the 15km long river basin of the "Ribeira das Marianas".



Rede Rotas Vivas, Zambujal (Jan 2023)

Research Units



Universities



Other



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